

Contact: Vicki Street
DBR Chamber of Commerce
Phone 847-945-4660
Fax 847-715-9129

405 Lake Cook Road
Suite A201
Deerfield, IL 60015
e-mail: info@dbrchamber.com

**DBR Chamber
of Commerce**

Press Release

15th Annual Healthy Lifestyle Expo

The DBR Chamber of Commerce in partnership with the Patty Turner Center will host the **15th Annual Healthy Lifestyle Expo on Saturday, September 8, 2018, from 10:00 am – 1:00 pm** at the **Patty Turner Center in Deerfield**. This expo sponsored by **Whitehall Deerfield** will feature flu shots, health screenings, entertainment, healthy lifestyle products and services and there is no charge to attend.

This year's expo will include free samplings of healthy snacks provide by Sunset Foods, as well as community organizations with health and safety information. Flu shots will be administered by **Walgreen's** and available to everyone including those over 65 with Medicare part B. For patients with Medicare part B there is no charge and most insurance plans cover flu shots as a preventative measure. For those over 65 without Medicare part B, a fee of \$69.99 will be charged. The Quadrivalent flu shot is \$40.99. Call the Chamber office for more information. Free hearing screenings courtesy of **Audiology Associates of Deerfield**, vision screenings, blood pressure and blood sugar will also be available.

A Shredding truck will be onsite and will accept up to 3 grocery size bags per person at no charge. This service is sponsored by **First Midwest Bank**.

Sponsored by **Whitehall Deerfield, Walgreens, First Midwest Bank, Greenhouse Group, and West Deerfield Township**, there will be over 30 exhibitors with products and services targeted at all ages including; Aligned Modern Health, Allstate Insurance, Asbury Court, Audiology Associates, Bath Fitter, Botanic Magic Design, CapTel, CJE SeniorLife, Deerfield Bank & Trust, Family Services of Lake County, First Midwest Bank, ForeverYoung MedSpa Health and Wellness, GCG Financial, Gentle Home Services, Greenhouse Group, Halo Laser & Aesthetic Medicine, Harbor Chase of Long Grove, Hawthorne Limousine, Lake Forest Acute Care, Mary Kay Skincare and Cosmetics, Mitzvah Memorial Funerals, My Health Dentistry, Northwestern Medical Group, NuSkin Pharmanex, Optavia, Peace Love and Travel, Tempur-Pedic, Thrive Mobile Chiropractic, Walgreen Company, West Deerfield Township and Whitehall of Deerfield.

For release 9 a.m. CDT, August 21, 2018

- Page 2

Admission to the expo is Free. For more information, call the DBR Chamber of Commerce at 847-945-4660 or visit www.dbrchamber.com.